

# REGISTRATION FOR STATIONARY PE CLASSES IN THE SUMMER SEMESTER 2022/2023

Registration rounds starts at 9 p. m. and end at 11:59 p. m. local time

## I ROUND 30/01/2023 – 07/02/2023

**30/01/2023 – 07/02/2023** subscriptions for the following classes:

- Aqua body shape
- Aqua fitness
- BODYART®
- Ergo fitness
- Rowing ergometer
- Fitball
- Judo
- Swimming
- Rowing cross

**31/01/2023 – 07/02/2023** subscriptions for the following classes:

- Body building
- Cross Training
- Nordic Walking
- Sports game
- Jogging
- Basketball
- Football
- Handball
- Volleyball

**02/02/2023 – 07/02/2023** subscriptions for the following classes:

- Badminton
- Circle body shape
- FACTS® - functional training
- Posture correction classes
- Table tennis
- TRX® training
- Climbing
- Healthy spine

**03/02/2023 – 07/02/2023** subscriptions for the following classes:

- Aerobics
- Body shape
- Pilates
- Stretching
- TBC
- Academic Yoga
- Latino body shape
- Leisure fencing
- Balroom dancing

**04/02/2023 – 07/02/2023** subscriptions for the classes conducted by KU AZS:

- paid\*:
  - Aikido
  - Badminton
  - Brazilian Jiu - jitsu
  - Yoga & Classic yoga
  - Krav - maga
  - Ladies dance
  - Lady latino solo
  - Archery
  - Mobility & Stretching
  - Pole dance
  - Bridge sports game
  - Self defense
  - Balroom dancing
  - Tennis
  - ZumbaFitness®

- free of charge\*:
  - Judo free of charge (AZS)
  - Judo free of charge for women (AZS)

\* in both cases, an AZS card is obligatory

\* in case of loss of PE tokens, there are three payments apply: for tokens, for classes, for an AZS card

## II ROUND 14/02/2023 – 18/02/2023

## III ROUND 21/02/2023 – 26/02/2023

That day **20.02.2023** PE classes begin in the summer semester 2021/2022. Students who register in the III round, **in the case of absences in the first week, will not be excused.**

The registration rules for PE classes have been adapted to the Study Regulations in force at the University of Warsaw.