

# REGISTRATION FOR STATIONARY PE CLASSES IN THE WINTER SEMESTER 2023/2024

Registration rounds starts at 9 p. m. and end at 11:59 p. m. local time

## I ROUND 10/09/2023 – 18/09/2023

**10/09/2023 – 18/09/2023** subscriptions for the following classes:

- Aqua body shape
- Aqua fitness
- Aqua run fit
- Ergo fitness
- Rowing ergometer
- Fitball
- Judo
- Swimming
- Rowing cross

**11/09/2023 – 18/09/2023** subscriptions for the following classes:

- Body building
- Cross Training
- Nordic Walking
- Sports games
- Basketball
- Football
- Handball
- Volleyball

**12/09/2023 – 18/09/2023** subscriptions for the following classes:

- Badminton
- Body shape
- Circle body shape
- FACTS® - functional training
- Posture correction classes
- Table tennis
- TRX® training
- Climbing
- Healthy spine

**14/09/2023 – 18/09/2023** subscriptions for the following classes:

- Aerobics
- Latino Body shape
- Pilates
- Stretching
- TBC
- Academic yoga
- Yoga & relaxation
- Leisure fencing
- Balroom dancing

**15/09/2023 – 18/09/2023** subscriptions for the classes conducted by KU AZS:

• paid\*:

- Aikido
- Badminton
- Box
- Yoga & Classic yoga
- Jogalton
- Krav – maga
- Kick Boxing
- Lady latino solo
- Archery
- Mobility & Stretching
- Muay Thai
- MMA
- Bridge sports game
- Self defense
- Snowboard
- Balroom dancing
- Tennis
- ZumbaFitness®

• free of charge\*:

- Judo free of charge (AZS)

\* in both cases, an AZS card is obligatory

\* in case of loss of PE tokens, there are three payments apply: for tokens, for classes, for an AZS card

## II ROUND 24/09/2023 – 28/09/2023

## III ROUND 03/10/2023 – 07/10/2023

That day **07/10/2023 at 11:59 p. m.** will be fully **completed registration.**