

# REGISTRATION FOR STATIONARY PE CLASSES

## IN THE WINTER SEMESTER 2023/2024

Registration rounds starts at 9 p. m. and end at 11:59 p. m. local time

### I ROUND 10/09/2023 – 18/09/2023

**10/09/2023 – 18/09/2023** subscriptions for the following classes:

- |                   |                    |                |
|-------------------|--------------------|----------------|
| • Aqua body shape | • Ergo fitness     | • Judo         |
| • Aqua fitness    | • Rowing ergometer | • Swimming     |
| • Aqua run fit    | • Fitball          | • Rowing cross |

**11/09/2023 – 18/09/2023** subscriptions for the following classes:

- |                  |                |              |
|------------------|----------------|--------------|
| • Body building  | • Sports games | • Handball   |
| • Cross Training | • Basketball   | • Volleyball |
| • Nordic Walking | • Football     |              |

**12/09/2023 – 18/09/2023** subscriptions for the following classes:

- |                     |                                |                 |
|---------------------|--------------------------------|-----------------|
| • Badminton         | • FACTS® - functional training | • TRX® training |
| • Body shape        | • Posture correction classes   | • Climbing      |
| • Circle body shape | • Table tennis                 | • Healthy spine |

**14/09/2023 – 18/09/2023** subscriptions for the following classes:

- |                     |                 |                     |
|---------------------|-----------------|---------------------|
| • Aerobics          | • Stretching    | • Yoga & relaxation |
| • Latino Body shape | • TBC           | • Leisure fencing   |
| • Pilates           | • Academic yoga | • Balroom dancing   |

**15/09/2023 – 18/09/2023** subscriptions for the classes conducted by KU AZS:

• paid\*:

- |                       |                         |                      |
|-----------------------|-------------------------|----------------------|
| - Aikido              | - Kick Boxing           | - Bridge sports game |
| - Badminton           | - Lady latino solo      | - Self defense       |
| - Box                 | - Archery               | - Snowboard          |
| - Yoga & Classic yoga | - Mobility & Stretching | - Balroom dancing    |
| - Jogonalton          | - Muay Thai             | - Tennis             |
| - Krav – maga         | - MMA                   | - ZumbaFitness®      |

• free of charge\*:

- Judo free of charge (AZS)

\* in both cases, an AZS card is obligatory

\* in case of loss of PE tokens, there are three payments apply: for tokens, for classes, for an AZS card

### II ROUND 24/09/2023 – 28/09/2023

### III ROUND 03/10/2023 – 07/10/2023

That day **07/10/2023 at 11:59 p. m.** will be fully **completed registration.**