### REGISTRATION FOR STATIONARY PE CLASSES

IN THE WINTER SEMESTER 2024/2025

Registration rounds starts at 9 p. m. and end at 11:59 p. m. local time

#### I TOUR 9/09/2024 - 17/09/2024

### 9/09/2024 - 17/09/2024 subscriptions for the following classes:

- Aqua body shape
- Ergo fitness
- Judo

- Aqua fitness
- Rowing ergometer
- Swimming

- Aqua run fit
- Fitball

• Rowing cross

#### **10/09/2023 – 17/09/2024** subscriptions for the following classes:

- Body building
- Nordic Walking/Jogging
- Football

- Cross Training
- Sports games
- Handball
- FACTS® functional training Basketball

Volleyball

### **12/09/2023 – 17/09/2024** subscriptions for the following classes:

- Badminton
- Circle body shape
- TRX® training

- Body flow • Body shape
- Posture correction classes
- Climbing
- Table tennis
- Healthy spine

#### **13/09/2023 – 17/09/2024** subscriptions for the following classes:

Aerobics

Pilates

• Academic yoga / Yoga & relaxation

- HIIT for beginners
- Stretching
- Leisure fencing

- Latino Body shape
- TBC

Balroom dancing

### 14/09/2023 – 17/09/2024 subscriptions for the classes conducted by KU AZS:

- <u>paid</u>\*:
- Aikido

- Kick Boxing
- Muay Thay

- Badminton
- Lady kick boxing
- Bridge sports game

- Box

- Lady latino solo
- Woman's self defense

- Brazilian Jujitsu
- Archery

- Balroom dancing

- Fit boxing
- MMA

- Tennis

- Yoga/Classic yoga
- Mobility & Stretching
- Improving strength training

- free of charge\*:
- Judo free of charge (AZS)

# II TOUR 24/09/2024 – 29/09/2024

# III TOUR 03/10/2024 – 06/10/2024

On October 1, 2024, PE classes in the winter semester 2024/2025 will begin. Students who register in the III tour, in case of absence in the first week, they will not be justified.

<sup>\*</sup> in both cases, an AZS card is obligatory

<sup>\*</sup> in case of loss of PE tokens, there are three payments apply: for tokens, for classes, for an AZS card