

REGISTRATION FOR PE CLASSES IN THE SUMMER SEMESTER 2024/2025

(the rules for registering for PE classes are adapted to RS UW)

I TOUR 27/01/2025 9:00 PM – do 04/02/2025 11:59 PM

27/01/2025 - 04/02/2025 subscriptions for the following classes:

- Aqua body shape
- Aqua fitness
- Aqua Run Fit
- Body Flow
- Ergo fitness
- Rowing ergometer
- Judo
- Swimming
- Rowing cross

28/01/2025 - 04/02/2025 subscriptions for the following classes:

- Body building
- Cross Training
- HIIT for beginners
- Sports games
- Basketball
- Football
- Handball
- Volleyball

30/01/2025 - 04/02/2025 subscriptions for the following classes:

- Badminton
- Body shape
- Circle body shape
- FACTS® functional training
- Fitball
- Table tennis
- TRX® training
- Climbing
- Healthy spine

31/01/2025 - 04/02/2025 subscriptions for the following classes:

- Aerobics
- Posture correction
- Pilates
- Stretching
- TBC
- Academic yoga
- Yoga and relaxation
- Latino body shape
- Leisure fencing
- Balroom dancing

01/02/2025 - 04/02/2025 subscriptions for the following classes:

- paid*:
 - Aikido
 - Badminton
 - Box
 - Golf
 - Yoga
 - Classic yoga
 - Kick boxing
 - Lady kick boxing
 - Lady latino solo
 - Archery
 - MMA
 - Mobility & Stretching
 - Muay Thai
 - Bridge sports games
 - Self defense for woman
 - Balroom dancing
 - Tennis
 - Strength training to improve

• AZS free of charge*:

- AZS judo free of charge

* you must purchase a AZS card, **in the event of loss of tokens** three fees apply: for tokens, for classes, for the AZS card!

II TOUR 11/02/2025 9:00 PM – 16/02/2025 11:59 PM

III TOUR 18/02/2025 9:00 PM – 23/02/2025 11:59 PM

From February 24, 2025, classes will not be possible.

On February 17, 2025, PE classes in the summer semester 2024/2025 will begin.

Students who register in the third tour will not receive an excuse for their absence in the first week.