

REGISTRATION FOR STATIONARY PE CLASSES

IN THE SUMMER SEMESTER 2025/2026

(zasady rejestracji na zajęcia WF dostosowane są do RS UW)

Registration rounds starts at 9 p. m. and end at 11:59 p. m. local time

I TOUR 26/01/2026 – 3/02/2026

26/01/2026 – 3/02/2026 subscriptions for the following classes:

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|-------------------|--------------------|----------------|
| • Aqua body shape | • Body Flow | • Judo |
| • Aqua fitness | • Ergo fitness | • Swimming |
| • Aqua Run Fit | • Rowing ergometer | • Rowing cross |

27/01/2026 – 3/02/2026 subscriptions for the following classes:

- | | | |
|----------------------|----------------|--------------|
| • Body building | • Sports games | • Handball |
| • Cross Training | • Basketball | • Volleyball |
| • HIIT for beginners | • Football | |

29/01/2026 – 3/02/2026 subscriptions for the following classes:

- | | | |
|---------------------|---------------------------------|-----------------|
| • Badminton | • FACTS® - functional training. | • TRX® training |
| • Body shape | • Fitball | • Climbing |
| • Circle body shape | • Table tennis | • Healthy spine |

30/01/2026 – 3/02/2026 subscriptions for the following classes:

- | | | |
|----------------------|---------------------|---------------------|
| • Aerobic | • TBC | • Latino body shape |
| • Posture correction | • Academic yoga | • Leisure fencing |
| • Pilates | • Yoga & relaxation | • Balroom dancing |
| • Stretching | | |

31/01/2026 – 3/02/2026 subscriptions for the following classes:

• płatne AZS*:

- | | | |
|----------------|-------------------------|--------------------------------|
| - Aikido | - Kick boxing | - Muay Thai |
| - Badminton | - Lady kick boxing | - Bridge sports games |
| - Boxing | - Lady latino solo | - Self defense for woman |
| - Golf | - Archery | - Balroom dancig |
| - Yoga | - MMA | - Tennis |
| - Classic yoga | - Mobility & Stretching | - Strength training to improve |

• AZS free of charge*:

- AZS judo free of charge

* you must purchase a AZS card, in the event of loss of tokens three fees apply: for tokens, for classes, for the AZS card!

II TOUR 10/02/2026 – 15/02/2026

III TOUR 19/02/2026 – 22/02/2026

From February 23, 2026, classes will not be possible. On February 16, 2026, PE classes in the summer semester 2025/2026 will begin. **Students who register in the third tour will not receive an excuse for their absence in the first week.**